

Step Aerobics

Do you LOVE step aerobics and can't find classes? This is your chance! Join the 8 week session hosted by New Caledonian Curling Club in partnership with Pictou Recreation.

When: weekly on Sundays from March 10 to May 5, 2024 No class March 31 (Easter)

Time: 10:00 – 11:00 am

Where: Pictou Curling Centre (wear clean indoor shoes)

Cost: \$70

Instructor: Marrison Stephens

Register: email lynn@seanova.com

Limited spots available. If demand is high, a second session may be added from 9:00 – 10:00 am